



# KIDS KINGDOM SNACKS & LUNCH MENU

School Year 2025 - 2026 – Semester 2



## WEEKS:

V: Vegetarian

1, 6, 11, 16

	Morning Snacks	Lunch	Light Snacks (for After-School Students)
Monday	Boiled Egg Plain crackers Apples	Penne in Creamy Sauce Mashed Potatoes Cherry Tomatoes <i>Meatless Monday</i>	Coconut Bread & Milk
Tuesday	Rice Crackers Banana Milk	Rice w/ Garlic Pork Omelet Cucumbers & Carrot sticks <i>V: Garlic Tofu</i>	Yoghurt & Apples
Wednesday	Grilled Cheese Sandwich Milk	Ramen Noodles w/ Minced Chicken Vegetable Croquettes (carrots, potatoes, cauliflower & cheese) <i>V: Vegetarian Broth w/ Carrots &amp; Beans</i>	Plain crackers & Orange Juice
Thursday	Banana oat bites Milk	Chicken Tortilla Roll Boiled Corns Sweet Potato Fries <i>V: Cottage Cheese Roll</i>	Bread Sticks & Watermelon
Friday	Hash Brown Orange slices	Rice w/ Fried Fish fingers Chinese cabbage stir-fried Carrot sticks <i>V: Fried Cottage Cheese</i>	Oat Cookies & Milk

## WEEKS:

V: Vegetarian

2, 7, 12, 17

	Morning Snacks	Lunch	Light Snacks (for After-School Students)
Monday	Plain Croissants Apples Milk	Chicken & Cheese Quesadilla Clear Egg Soup Steamed Broccoli <i>V: Mushroom &amp; Cheese</i>	Potato Bread & Milk
Tuesday	Pancakes w/ Honey Banana Milk	Rice w/ Chicken Katsu Curry w/ Potatoes and Carrots Edamame Peas <i>V: No chicken</i>	Boiled Corn & Apples
Wednesday	Corn Cheese Balls Milk	Sticky rice w/ Grilled Chicken Carrot sticks & Cherry Tomatoes <i>V: Grilled Mushroom</i>	Biscuits & Banana
Thursday	Blueberry Muffins Orange Juice	Fish w/ Teriyaki sauce Soft Rolls Baked Potato Wedges <i>V: Vegetable Croquette</i>	Strawberries & Mangoes & mini crackers
Friday	Pita Pocket and Carrot sticks w/ Yoghurt Dip	Egg Fried Rice Fried Chicken Drumsticks Tom Yum Soup w/ mushroom <i>V: Fried Protein Nuggets</i>	Mini cheese sandwich & Milk



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## WEEKS:

V: Vegetarian

3, 8, 13, 18

	Morning Snacks	Lunch	Light Snacks (for After-School Students)
Monday	Banana Bread Milk	Margherita Pizza Corn on the Cob Cherry Tomatoes Meatless Monday	Oat Cookies & Watermelon
Tuesday	Sausage Roll Banana / Milk V: Coconut Bread	Rice w/ Stewed Chicken (Khao Na Kai) Stir-fried glass noodles w/ cabbage V: Stewed Tofu	Sliced Cheese & Apples
Wednesday	Scrambled Egg Sandwich Apples	Yellow noodles w/ minced pork and Vegetables /Clear Radish soup V: White Noodles w/ Mushroom	Edamame & Bread Sticks
Thursday	Cheese Toast Watermelon	Chicken Burger French fries Pumpkin soup V: Potato & Cottage Cheese Burger	Rice Cake & Milk
Friday	Homemade Yoghurt w/ mashed berries Digestive Biscuits	Tuna Fried Rice Edamame Peas / Cherry Tomatoes V: Tofu Fried Rice	Boiled sweet potato & orange juice

## WEEKS:

V: Vegetarian

4, 9, 14, 19

	Morning Snacks	Lunch	Light Snacks (for After-School Students)
Monday	Ham Sandwich Rose Apple Milk V: Cheese sandwich	Spaghetti w/ Minced Chicken in Fresh Tomato Sauce Carrot Sticks V: Minced Mushroom	Coconut Bread & Milk
Tuesday	Oat Pancakes w/ Honey Banana	Rice w/ Minced Chicken in Basil Leaves Omelet Cucumbers & Cherry Tomatoes V: Minced Protein Nuggets	Yoghurt & Apples
Wednesday	Crackers w/ Cheese Cubes Apples / Milk	Grilled Salmon Fillet Garlic Bread Steamed Broccoli V: Grilled Cottage Cheese	Plain crackers & Orange Juice
Thursday	Greek Yoghurt w/ Mango & Granola	Chicken Curry (mild) w/ Flat Bread Baked Cauliflower V: Minced Protein Nuggets Curry	Bread Sticks & Watermelon
Friday	Oatmeal Cookies Guava Milk	Rice w/ Roasted Pork in Red Sauce Boiled Egg & Cucumbers V: Roasted Tofu in Red Sauce	Oat Cookies & Milk





# KIDS KINGDOM SNACKS & LUNCH MENU

School Year 2025 - 2026 – Semester 2



## WEEKS:

V: Vegetarian

5, 10, 15, 20

	Morning Snacks	Lunch	Light Snacks (for After-School Students)
Monday	French toast Apples	Cheese & Spinach Quesadilla Boiled Egg <i>Meatless Monday</i>	Potato Bread & Milk
Tuesday	Homemade Carrot Cake Milk	Hainan Rice w/ Boiled Chicken & Egg Clear Soup w/ Radish Cucumbers <i>V: Tofu &amp; Protein Nuggets</i>	Boiled Corn & Apples
Wednesday	Cheese Croissants Apples Milk	Macaroni Stir-Fried w/ Carrots Chicken Nuggets Steamed Broccoli <i>V: No chicken</i>	Biscuits & Banana
Thursday	Square Crackers w/ Jam Banana / Milk	Sticky Rice w/ Thai Style Grilled Pork Carrots & Cherry Tomatoes <i>V: Grilled Protein Nuggets</i>	Strawberries & Mangoes & mini crackers
Friday	Fresh fruit platter (Apple, pear, grapes, watermelon, banana) Plain Yoghurt	Tomato Rice Chicken & cheese croquettes Soup with Glass noodles & carrots <i>V: Potato &amp; cheese croquettes</i>	Mini cheese sandwich & Milk

## Menu Notes & Food Policy

- All snacks and meals are prepared in our on-campus kitchen to ensure freshness, safety, and quality.
- We do not use MSG in any of our food.
- No additional sugar is added to any of the meals.
- If your child has any food allergies or dietary restrictions, please indicate them clearly in the application form and speak with our staff for further discussion.
- If your child cannot consume regular milk, kindly provide a suitable alternative that meets your child's needs.
- In addition to the vegetables served with each meal, a shared vegetable platter will be placed on each table for children who wish to have more.