



KIDS KINGDOM SNACK & LUNCH MENU



SY 2024-2025: SEMESTER 2

* V=Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weeks: 1, 5, 9, 13, 17		SNACK (10.00 AM)		
Ham sandwich Rose apple / Milk	Danish roll Banana / Milk	Cheese & tuna Quesadilla Guava	Japanese Butter Cake Apple / Milk	Plain yoghurt w/ mango Digestive biscuits
LUNCH (12.00 PM)				
Penne in creamy sauce Crispy fish strips Steamed broccoli V: Protein nuggets	Rice w/garlic pork Omelet Cucumbers & carrots V: garlic tofu	Ramen noodles w/ minced chicken, carrots & beans Potato croquettes V: vegetarian broth w/ carrots & beans	Chicken Tortilla roll Carrots & Sweet potatoes V: Cottage cheese roll	Rice w /chicken katsu curry w/ potatoes and carrots Japanese peas V: mushroom
MEATLESS MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weeks: 2, 6, 10, 14, 18		SNACK (10.00 AM)		
Plain croissants Apples / Milk	Pancakes w/ honey Banana / Milk	Rice crackers & Boiled egg Milk	Corn cheese balls Milk	Blueberry muffins Orange juice
LUNCH (12.00 PM)				
Rice w / Mabo tofu Steamed egg Chinese Cabbage stir-fried	Rice w/roasted pork in red sauce & boiled egg Tomatoes & cucumbers V: roasted tofu in red sauce	Buttery Fusilli pasta w/ cherry tomatoes & sausage Steamed Broccoli V: Vegetarian sausage	Fried Fish Baked potato wedges Soft rolls V: Vegetable croquette	Egg fried rice Chicken dumplings Tom Yum soup (non spicy) / carrots V: minced protein
SNACKS FOR AFTER SCHOOL STUDENTS (2.20 PM)				
W1: Potato Bread & Milk W2: Carrot Bread & Milk	W1: Boiled corn & apples W2: Yoghurt & apples	W1: Watermelon smoothie W2: Cookies & Orange Juice	W1: Banana cake & milk W2: Banana muffins & milk	W1: Oat cookies & banana W2: Biscuits & banana



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weeks: 3, 7, 11, 15, 19				
SNACK (10.00 AM)				
Cheese Toast Watermelon	Sausage roll Guava / Milk	Scrambled egg sandwich / apples	Square crackers w/ sliced cheese & apple Milk	Homemade fresh fruit jelly Oat cookies
LUNCH (12.00 PM)				
Spaghetti w/ Minced chicken in fresh tomato sauce Steamed Broccoli <i>V: minced mushroom sauce</i>	Rice w/ Minced chicken curry Omelet Cucumbers & carrots <i>V: minced protein nuggets</i>	Sticky rice w/ Thai style grilled pork Carrots & cherry tomatoes <i>V: grilled mushroom</i>	Chicken Burger French fries Pumpkin soup <i>V: Potato & cottage cheese burger</i>	Hainan Rice w/ boiled chicken & egg Clear soup w/ radish Cucumbers <i>V: tofu & protein nuggets</i>
MEATLESS MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weeks: 4, 8, 12, 16, 20				
SNACK (10.00 AM)				
Cheese Croissants Apples / Milk	Pancakes w/Honey Bananas	Baby carrots w/ hummus Pretzels	Cheese & corn Quesadilla Milk	Banana cupcakes Drinking Yoghurt
LUNCH (12.00 PM)				
Margherita Pizza Corn on the cob Cherry Tomatoes	Rice w/chicken in red sauce Glass noodle soup w/carrots Cucumbers <i>V: tofu in red sauce</i>	Yellow noodles w/ pork and vegetables Clear soup w/ carrot & radish <i>V: No pork</i>	Grilled salmon fillet Mashed potatoes Steamed broccoli Garlic bread <i>V: Grilled cottage cheese</i>	Macaroni stir-fried w/ chicken & carrots Steamed egg Cherry tomatoes <i>V: Tofu in teriyaki sauce</i>
SNACKS FOR AFTER SCHOOL STUDENTS (2.20 PM)				
W3: Milk Bread & Milk W4: Butter Bread & Milk	W3: Boiled corn & apples W4: Strawberry yoghurt & mini crackers	W1: Watermelon smoothie W2: Cookies & Orange Juice	W3: Butter cake & milk W4: Marble Cake & milk	W1: Oat cookies & banana W2: Biscuits & banana