



# KIDS KINGDOM SNACKS & LUNCH MENU

School Year 2025 - 2026 – Semester 1



## WEEKS:

V: Vegetarian

1, 6, 11, 16

	Morning Snacks	Lunch	Light Snacks (for After-School Students)
Monday	Boiled egg Mini Rice Crackers Grapes	Penne in Creamy Sauce Mashed Potatoes Cherry Tomatoes <i>Meatless Monday</i>	Potato Bread & Milk
Tuesday	Whole Wheat Crackers w/ Jam Banana Milk	Rice w/ Garlic Pork Omelet Cucumbers & Carrots <i>V: Garlic Tofu</i>	Boiled Corn & Apples
Wednesday	Grilled Cheese Sandwich Apples Milk	Ramen Noodles w/ Minced Chicken Carrots & Beans Potato Croquettes <i>V: Vegetarian Broth w/ Carrots &amp; Beans</i>	Watermelon Smoothie
Thursday	Japanese Butter Cake Milk	Chicken Tortilla roll Sweet Corns Baked Butternut Squash <i>V: Cottage Cheese Roll</i>	Banana Cake & Milk
Friday	Plain Yoghurt w/ Fruits Digestive Biscuits	Rice w/ Fried Fish fingers Omelet Stir-Fried Mixed Vegetables <i>V: Fried Cottage Cheese</i>	Oat Cookies & Banana

## WEEKS:

V: Vegetarian

2, 7, 12, 17

	Morning Snacks	Lunch	Light Snacks (for After-School Students)
Monday	Plain Croissants Apples Milk	Chicken & Cheese Quesadilla Sweet Corn Soup Steamed Broccoli <i>V: Mushroom &amp; Cheese</i>	Carrot Bread & Milk
Tuesday	Pancakes w/ Honey Banana Milk	Rice w/ Roasted Pork in Red Sauce Boiled Egg Carrots & Cucumbers <i>V: Roasted Tofu in Red Sauce</i>	Yoghurt & Apples
Wednesday	Corn Cheese Balls Milk	Sticky Rice w/ Grilled Chicken Chopped Baby Cos Cherry Tomatoes <i>V: Grilled Mushroom</i>	Cookies & Orange Juice
Thursday	Blueberry Muffins Orange Juice	Baked fish Soft Rolls Baked Potato Wedges <i>V: Vegetable Croquette</i>	Banana Muffins & Milk
Friday	Jelly & Mixed Fruits	Egg Fried Rice Fried Chicken Drumsticks Tom Yum Soup (Non-Spicy) / Carrots <i>V: Fried Protein Nuggets</i>	Biscuits & Banana



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School Year 2025 - 2026 – Semester 1



## WEEKS:

V: Vegetarian

3, 8, 13, 18

	Morning Snacks	Lunch	Light Snacks (for After-School Students)
Monday	Scrambled Egg Sandwich Apples	Macaroni & Cheese Soft Breadsticks Green Beans <i>Meatless Monday</i>	Potato Bread & Milk
Tuesday	Sausage Roll Banana Milk	Rice w/ Minced Chicken in Basil Leaves Omelet Cucumbers & Carrots <i>V: Minced Protein Nuggets</i>	Boiled Corn & Apples
Wednesday	Cheese Toast Watermelon	Egg noodles w/ Pork and Vegetables Clear Radish soup <i>V: Grilled Mushroom</i>	Watermelon Smoothie
Thursday	Banana Cupcakes Milk	Chicken Burger French fries Pumpkin soup <i>V: Potato &amp; Cottage Cheese Burger</i>	Banana Cake & Milk
Friday	Homemade Yoghurt w/ Strawberries Digestive Biscuits	Rice w/ Chicken Katsu Curry w/ Potatoes and Carrots Japanese Peas <i>V: Mushroom</i>	Oat Cookies & Banana

## WEEKS:

V: Vegetarian

4, 9, 14

	Morning Snacks	Lunch	Light Snacks (for After-School Students)
Monday	Ham Sandwich Rose Apple Milk	Spaghetti w/ Minced Chicken in Fresh Tomato Sauce Carrot sticks <i>V: Minced Mushroom</i>	Carrot Bread & Milk
Tuesday	Banana, Egg & Oat Pancakes w/ maple Syrup Milk	Rice w/ Chicken in Red Sauce Glass Noodle Soup w/ Carrots Cucumbers <i>V: Tofu in Red Sauce</i>	Yoghurt & Apples
Wednesday	Crackers w/ Cheese Cubes Apples Milk	Grilled Salmon Fillet Garlic Bread Steamed Broccoli <i>V: Grilled Cottage Cheese</i>	Cookies & Orange Juice
Thursday	Sweet Sticky Rice w/ Mango	Chicken Curry (mild) w/ Flat Bread Baked Cauliflower <i>V: Minced Protein Nuggets Curry</i>	Banana Muffins & Milk
Friday	Oatmeal Cookies Guava Milk	Rice balls w/ Tuna & Seaweed Miso Soup Japanese Peas / Cherry Tomatoes <i>V: No tuna</i>	Biscuits & Banana





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School Year 2025 - 2026 – Semester 1



## WEEKS:

V: Vegetarian

5, 10, 15	Morning Snacks	Lunch	Light Snacks (for After-School Students)
Monday	Boiled eggs Pretzels Milk	Margherita Pizza Corn on the Cob Cherry Tomatoes <i>Meatless Monday</i>	Potato Bread & Milk
Tuesday	Pita triangles, Cucumbers & Carrots w/ Hummus	Rice w/ Stewed Egg (Khai Palo) Chicken Nuggets Stir-fried Chinese Cabbage <i>V: Potato croquettes</i>	Boiled Corn & Apples
Wednesday	Cheese Croissants Apples Milk	Macaroni Stir-Fried w/ Chicken & Carrots Boiled Egg Steamed Broccoli <i>V: No chicken</i>	Watermelon Smoothie
Thursday	Carrot cake Milk	Sticky Rice w/ Thai Style Grilled Pork Carrots & Cherry Tomatoes <i>V: Grilled Protein nuggets</i>	Banana Cake & Milk
Friday	Fresh Fruit Platter (Apple, pear, grapes, watermelon, banana) Vanilla Ice Cream	Hainan Rice w/ Boiled Chicken & Egg Clear Soup w/ Radish Cucumbers <i>V: Tofu &amp; Protein Nuggets</i>	Oat Cookies & Banana

## Menu Notes & Food Policy

- If your child has any food allergies or dietary restrictions, please indicate them clearly in the application form and speak with our staff for further discussion.
- If your child cannot consume regular milk, kindly provide a suitable alternative that meets your child's needs.
- In addition to the vegetables served with each meal, a shared vegetable platter will be placed on each table for children who wish to have more.
- All meals are freshly prepared onsite each day.
- We do not use MSG in any of our food.
- No additional sugar is added to any of the meals.